1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	David Gare (via the DG 2008 Discretionary Settlement)
2	Reason for the notification	
a)	Position/status	Chairman of the Company
b)	Initial notification /Amendment	Initial
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Instem plc
b)	LEI	213800PILYUFNNROQX68
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Ordinary shares of 10p each
	Identification code	GB00B3TQCK30
b)	Nature of the transaction	Transfer of ordinary shares
c)	Price(s) and volume(s)	
		Price(s) Volume(s)
		0p 10,000

Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	

e)	Date of the transaction	12 July 2017
f)	Place of the transaction	London Stock Exchange (XLON)
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